



Hello everyone

I hope you are all keeping well and that you know that God is with you even in difficult times.

As we have just received the news that we are in Tier 3 over the Christmas period it seems a good time to put forward the latest Talk Together idea which we would like to encourage (or even challenge) as many people as possible to join in with.

It is very likely that over Christmas and the New Year people will be lonely and/or on their own a lot of the time. It was our intention to organize Tea Parties again on 1st January as we did last year but of course that is not currently possible. We can still be in contact with people though - and we only need to pick up the phone!

The challenge is for everyone involved in our local churches to **ring at least one person, who is either on their own or who might be feeling lonely, on Christmas Day and New Year's Day** (and in between if you want to.) It does not have to be the same person each time, the person can be part of the church family or someone you know in the community or even further afield. You do not need to have a long conversation with them - it is simply so that people can have contact with others, and have a chance to talk and feel loved and supported, over what will not be an easy few days for many people. It will give you the opportunity to chat too.

It would be great if you could tell those you ring at some point in the conversation that this is part of the Methodist Church's Talk Together Project - but this is by no means compulsory.

Putting this simple idea into practice could make a huge difference to the lives and morale of lots of people. Please encourage as many people as possible to join in this project and I look forward to hearing of the blessing you receive as you simply pick up the phone.

Every blessing

Susan